

# LIMITLESS OXYGEN2026

**BREAK OUT**

# TOOL 1 - KEYNOTE TAKEAWAYS

Before the keynote begins, take a moment to read these three listening prompts. As you listen, notice what stands out and make notes to discuss with your team afterwards.

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*1. What resonates most with our ministry and context?*

*2. What challenges or stretches our current thinking?*

*3. What might God be inviting us to notice, consider or respond to?*

# TOOL 2 - MINISTRY HEALTHCHECK

A 3 part diagnostic tool for the whole team.

## Step 1: Reflect individually

Begin by completing the Health Check on your own. Consider each statement and score how accurately it reflects your youth or children's ministry today.

There are no right or wrong answers. Be as honest as you can and respond from your own experience and perspective.

## Step 2: Evaluate together

Once everyone has completed their individual assessment, come together as a team to compare your reflections.

Notice where your perspectives are similar and where they differ. Discuss what may be behind your scores and what they reveal about the current health of your ministry.

The purpose is not to agree on every score, but to build a more honest and complete picture of where you are now.

*Please score yourself on each of the questions below using the following measure...*

**1 = Never true of us**

**2 = Occasionally true of us**

**3 = Regularly true of us**

**4 = Always true of us**

**13-15 | Very Strong** - This indicates that you are very strong in this area. You have considered, reflected, activated and grown in this area, reaching a significant level of maturity and/or capability. Take what you have learned and pass it on to others!

**10-12 | Strength / Growing** - This indicates a potential strength in this area. You have demonstrated a hunger to understand, reflect, do and grow, and have established a good foundation from which to keep developing. Keep pursuing growth and look for opportunities to strengthen and share what you are learning.

**7-9 | Developing** - This indicates that there is some work to do in this area. Perhaps you have engaged with some of the elements discussed but overlooked others. Begin to read around this area, spend time with other leaders who have taken their ministries further on the journey than you, and, crucially, reflect with your team and act upon what you learn.

**5-6 | Priority Area** - This indicates that you may have given little consideration to this area. But don't be discouraged! The purpose of this assessment is to reveal areas we may have overlooked so that we can begin to develop and grow in a purposeful way. Remember, God is more concerned about the journey than the destination, so keep going and growing!

# TOOL 2 - MINISTRY HEALTHCHECK

## 1. MISSION & EVANGELISM

| TO WHAT DEGREE DO THE STATEMENTS BELOW ACCURATELY DESCRIBE YOUR MINISTRY?                         | SCORE (1-4) |
|---------------------------------------------------------------------------------------------------|-------------|
| We create intentional opportunities for children and young people to encounter Jesus.             |             |
| Our children and young people feel confident to share their faith with others.                    |             |
| We help children and young people take meaningful next steps in their journey of following Jesus. |             |
| We intentionally reach and engage children and young people who are not currently part of church. |             |
| Mission and evangelism are embedded in the culture of our youth and kids ministry.                |             |
| <b>TOTAL</b>                                                                                      |             |

**Our greatest strength is this area is...**

**One key growth opportunity in this area is...**

# TOOL 2 - MINISTRY HEALTHCHECK

## 2. SOCIAL ACTION & ACTIVISM

| TO WHAT DEGREE DO THE STATEMENTS BELOW ACCURATELY DESCRIBE YOUR MINISTRY?                   | SCORE (1-4) |
|---------------------------------------------------------------------------------------------|-------------|
| We identify and respond to needs within our local community.                                |             |
| Our children and young people regularly serve others in practical ways.                     |             |
| Our children and young people take ownership of making a difference in the lives of others. |             |
| We build meaningful relationships with local organisations, charities and community groups. |             |
| We turn compassion for others into practical action.                                        |             |
| <b>TOTAL</b>                                                                                |             |

**Our greatest strength in this area is...**

**One key growth opportunity in this area is...**

### 3. JUSTICE

| TO WHAT DEGREE DO THE STATEMENTS BELOW ACCURATELY DESCRIBE YOUR MINISTRY?                        | SCORE (1-4) |
|--------------------------------------------------------------------------------------------------|-------------|
| We help children and young people understand issues of justice and inequality.                   |             |
| We give a voice to people who are often overlooked or unheard.                                   |             |
| We encourage children and young people to speak up when they see injustice.                      |             |
| We equip children and young people to use their influence to contribute to positive change.      |             |
| We challenge attitudes and behaviours that contribute to discrimination, exclusion or injustice. |             |
| <b>TOTAL</b>                                                                                     |             |

**Our greatest strength is this area is...**

**One key growth opportunity in this area is...**

## TOOL 3 - A BLANK PAGE TO DREAM

What would you do to develop and grow your children's and/or youth ministry if you had unlimited resources and team?

# TOOL 4 - IMPLEMENT THE DREAMS

As a team highlight a maximum of three big ideas from your 'dream' session to move forward with. Be realistic - one idea delivered is better than three ideas dropped!

## Step 1: Ask the following questions

- How does this serve our children and young people?
- Can we realistically do this in the next 6–12 months?
- Do we have, or can we find, the people for this?

## Step 2: Rank your ideas

As a team rank your ideas 1-3, with number 1 being the one you want to implement first.

# TOOL 5 - HOW WILL WE DO IT?

Turn your vision into reality by building a practical and achievable plan that will move your children’s and/or youth ministry towards the initial big idea you would like to implement.

*If you have time you can do the same for the other big ideas you identified in Tool 4 on the next page*

| Action/Goals                                                | Who will lead/be accountable for this?                     | What’s the strategy?                                   | How will we measure & review?                                             |
|-------------------------------------------------------------|------------------------------------------------------------|--------------------------------------------------------|---------------------------------------------------------------------------|
| What do we want to achieve and what will success look like? | Who will take ownership and ensure the goal is progressed? | What practical steps will we take to achieve our goal? | How will we know whether we are making progress? Include dates/timelines. |
|                                                             |                                                            |                                                        |                                                                           |

WHICH AREA(S) THAT YOU IDENTIFIED IN TOOL 2 DOES THIS HELP TO STRENGTHEN?

- ☐ EVANGELISM
 ☐ ACTIVISM
 ☐ JUSTICE
- ☐ SOCIAL ACTION
 ☐ MISSION



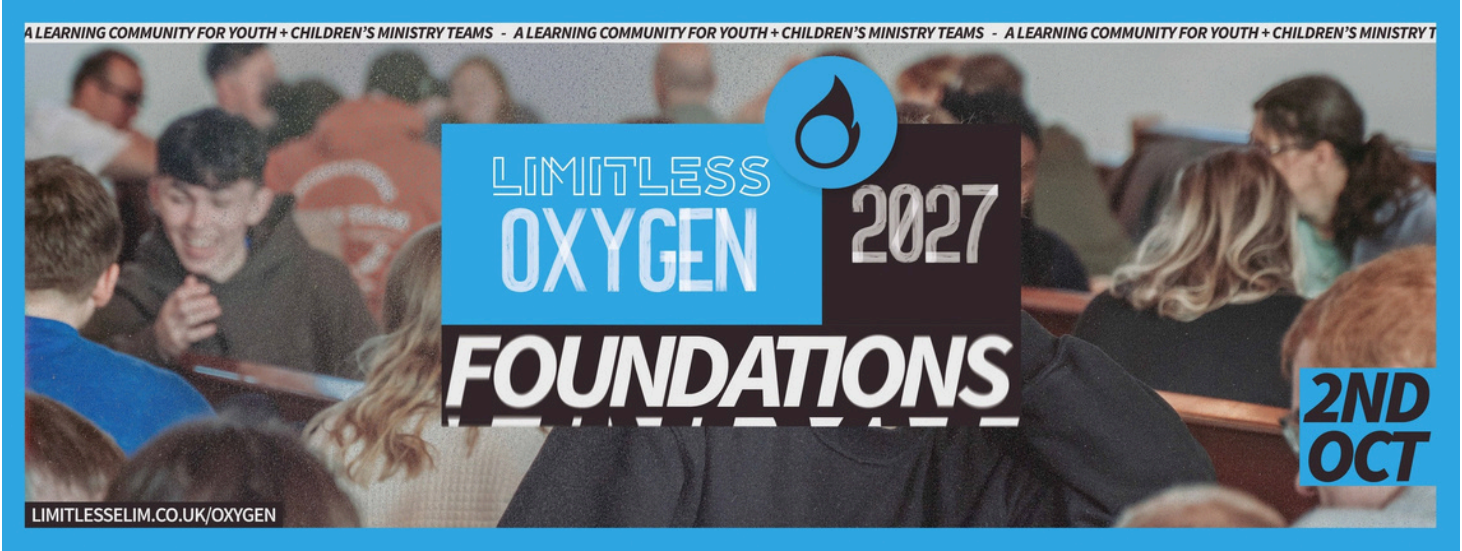
# TOOL 5 - HOW WILL WE DO IT?

Continue below with another of your big ideas from Tool 4

|   | Action/Goals                                                | Who will lead/be accountable for this?                     | What’s the strategy?                                   | How will we measure & review?                                             |
|---|-------------------------------------------------------------|------------------------------------------------------------|--------------------------------------------------------|---------------------------------------------------------------------------|
|   | What do we want to achieve and what will success look like? | Who will take ownership and ensure the goal is progressed? | What practical steps will we take to achieve our goal? | How will we know whether we are making progress? Include dates/timelines. |
| 2 |                                                             |                                                            |                                                        |                                                                           |
| 3 |                                                             |                                                            |                                                        |                                                                           |



A LEARNING COMMUNITY FOR YOUTH + CHILDREN'S MINISTRY TEAMS - A LEARNING COMMUNITY FOR YOUTH + CHILDREN'S MINISTRY TEAMS - A LEARNING COMMUNITY FOR YOUTH + CHILDREN'S MINISTRY TEAMS



The banner features a background image of a group of people, likely youth and children's ministry teams, engaged in a discussion. Overlaid on this image is a large blue and black graphic. The graphic contains the text 'LIMITLESS OXYGEN' in white, '2027' in white, and 'FOUNDATIONS' in large, bold, white letters. A blue circular icon with a white flame-like shape is positioned above the '2027'. In the bottom right corner of the graphic, the text '2ND OCT' is displayed in white on a blue background. The website address 'LIMITESSELIM.CO.UK/OXYGEN' is visible in the bottom left corner of the banner.

LIMITLESS  
OXYGEN 2027  
**FOUNDATIONS**

2ND OCT

LIMITESSELIM.CO.UK/OXYGEN