CREATIVE PRAYER: CANDLE

A catalyst prayer uses an object to help inspire and focus prayer. Light is a key word in the New Testament relating to Jesus and us as His followers.

How? Using tea lights is a simple but effective way of focusing prayer. Have tea-lights and explanations available. Use the written prayer to pray for anyone God lays on your heart.

Materials: tea-lights, matches/lighting clicker, maybe put it in sand or water to keep safe. Maybe use a glass tray/candle holder to put candles on.

Instructions

Think of someone who needs your prayers. Light a candle and say the prayer below either quietly to yourself or out loud as a blessing on them and also on you.

As I light this candle

I remember ……………. in my prayers  
  
and ask that Christ the light of the world  
  
would cause his face to shine on them  
  
and be gracious to them, and give them his peace.

Jesus light of the world, Shine also on me

That I in turn might shine with your light,

be filled with your life

and overflow with your love

So that the kingdom of heaven

May come on earth. Amen

**‘Arise, shine, for your light has come, and the glory of the Lord rises upon you; See, darkness covers the earth and thick darkness is over the peoples, but the Lord rises upon you and his glory appears over you. Nations will come to your light, and kings to the brightness of your dawn.’ Isaiah 60:1-3**