

Daily Guide

Refocus

Sun 17th -

24th Jan

INTRODUCTION: Welcome to LiftUp January 2016, Elim's focused month of prayer. This month's theme is based around Isaiah 43. God is speaking through Isaiah to His people in exile promising them that there would be a day of spiritual restoration and renewal and that the 'Waste Places' would once again be re-built.

The aim of this template is that any individual, group or church can use this as a resource for a daily focus of prayer, personally and/or corporately. It is wonderful to know that as you pray, you add your prayers to countless others being prayed across the Elim movement every day.

Your daily prayers make a difference, as the God we pray to is mighty, powerful, compassionate and gracious. We pray that as you incorporate these prayer points into your life that God would bless you.

'Call to me, and I will answer you, and show you great and mighty things, which you do not know.' Jeremiah 33:3 (NKJV)

How to use the weekly template effectively:

- Listen to the Holy Spirit
- Keep prayers specific and faith filled
- Pray often in the Holy Spirit
- Remember to give thanks
- Respond to Holy Spirit's conviction and direction
- Declare the confessions of faith audibly and as often as possible
- Allow the Holy Spirit to imprint these truths on your heart as a disciple of Christ

MONDAYS – Ourselves

TUESDAYS – Friends, Families & Neighbours

WEDNESDAYS – Our Church

THURSDAYS – Our Community

FRIDAYS – UK

SATURDAYS – Weekly News

SUNDAYS – Global Prayer

*I will lift my eyes to hills, where does my help come from? My help comes from the Lord, the maker of heaven and earth. **Psalm 121:1-2***

*Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food and the body more important than clothes? ...but seek first the kingdom and his righteousness and all these things will be given to you as well. **Matthew 6:25, 33***

*Finally brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable, if anything is excellent or praiseworthy, think about such things. **Philippians 4:8***

MONDAYS – OURSELVES: Prayer Points

- Lift your eyes to God; focusing on Him as Helper and King. Thank Jesus that He is the One who is all powerful and always present. Seek Him first!
- Ask God for revelation of His Kingdom, of how great and mighty He is.
- If you need to refocus or turn your mind and attention to the things of God then pray the verses above will become your reality; think about such things.
- Pray for any particular needs or circumstances you are currently facing in line with the verses above. Bring any worries you have to God.
- Thank God for any answers to prayer.
- Are there any areas of life, attitudes, actions that need refocusing and realigning with God's Kingdom values? Pray into anything God shows you.
- Pray against any distractions and refocus on God. Commit afresh to God being first in your life, Lord and Saviour.

Confession of Faith

God I lift my eyes to you My Helper, Friend and King. I seek first Your Kingdom and bring to you my worries. I believe You are all powerful and always present. I choose to think on whatever is lovely and admirable.

TUESDAYS – FRIENDS, FAMILIES & NEIGHBOURS: Prayer points

- Thank God that you can bring all your concerns and needs of family, friends and neighbours to the One who is all powerful and loving.
- Ask God for an opportunity to pray for someone or tell someone you're praying for them.
- Pray that God would help lessen any worries and refocus on God. If they don't yet know Jesus pray that they would respond to Jesus.
- Pray for anyone who is struggling with battles in their mind and thinking. Pray Philippians 4:8 for them.
- Pray for any who once knew Christ and have walked away. Pray that any concerns or burdens that have been a hindrance will no longer get in the way of them returning to Christ.
- Pray for any specific needs of friends, family and neighbours according to the Scriptures above.

Confession of Faith

I lift up my eyes to You God on behalf of my family, friends, neighbours and colleagues. You can meet every need, physical, mental, emotional, practical, financial, and spiritual. As we seek You first.

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WEDNESDAYS – OUR CHURCH: Prayer points

- Thank God you belong to His Kingdom and can trust in His power and provision.
- Pray that you would be increasingly a community of people who focus on the things of God and seek His Kingdom first.
- Pray that as you move through this 1st month your church would foster a reliance and focus on Him that you can build on as you continue through 2016.
- Pray that as a church your focus would remain on God and you would grow in maturity of faith.
- Pray for those you reach that they would see the faithfulness of the God you follow and want to know Him for themselves.
- Pray for those in leadership that they would personally and corporately seek first His Kingdom and not get distracted. Pray protection over their thought life.
- Pray for each department and ministry; ask God to bring any refocusing, clarity or development ideas to these people and teams. Pray for any specific events, projects or special services you have coming up.

Confession of Faith

We believe that as we refocus and seek God's Kingdom first you will bring about opportunity for mission, blessing and growth.

THURSDAYS – OUR COMMUNITY: Prayer points

- Thank God for the ways in which He helps and provides in your community.
- Pray for any organisations, businesses or people you know who are concerned and weighed down with worries. Ask God for a refocusing and release.
- Pray that God's Kingdom values and attitudes would be seen more and more across your community.
- Pray that those who know Jesus in your community would continue to lift their eyes to Him and keep their focus on Him in the midst of life's challenges.
- What is your frontline? Where is your community? Where do you spend your time? School, College, University, Family, Neighbourhood, Workplace, Volunteering, Friends, Sports Club, Music Band etc. Pray the verses above into these areas/your frontlines.
- Who in your community needs specific prayer? Pray and intercede on their behalf.

Confession of Faith

We believe God that You are our help and Provider. You made heaven and earth. Nothing is too difficult for you

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FRIDAYS – UNITED KINGDOM: Prayer Points

- Thank God for His plan for the United Kingdom and how He has used the nation to rebuild and restore in other nations. Pray for an increased desire to be a nation that repairs ruined places and brings liberty and freedom for the oppressed.
- Pray for God's guidance for the Queen and the Royal Family as well as the political leaders appointed to run the UK. Ask God to grow a compassionate heart amongst those who lead and influence our nation.
- Pray for the conviction of the Holy Spirit upon our unsaved leaders. May they experience reconciliation with God.
- Pray for the Christians in places of power and influence that they use any opportunities to live out the mission of Jesus to bring freedom.
- Pray for any organisations who hold these values of restoration, freedom and liberty. Pray for provision and fruitfulness.

Confession of Faith

Our nation can become a more compassionate nation. May she be known for restoration, freedom and rebuilding.

SATURDAYS – WEEKLY NEWS: Prayer Points

- What has been happening in the news locally and nationally?
- Choose a few news stories that resonate with this week's theme of Refocus and God as Helper; pray into them.
- Thank God that He gives vision and is a Provider. Pray for any who need God to meet needs and bring focus.
- Pray for any area of public life where leaders need to refocus.
- Pray for churches and charities to uphold admirable, good values and work together.
- Thank God for any 'Good News' stories.

Confession of Faith

As I bring these prayer request before You God I believe you can meet any need.

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SUNDAYS – GLOBAL PRAYER: Prayer Points

- Has there been a particular nation in the news recently? Is there a nation close to your heart? Does your local church have connections with a particular nation overseas? Ask God to show you which country to pray for.
- Thank God for the plan He has for [insert name of specific country]. Thank God that He can meet needs.
- Pray for God's guidance for the political leaders running the affairs of the [insert name of specific country].
- Pray for any places that need help from God, which need to lift up their eyes to the Maker of Heaven and earth.
- Pray for any nations that are represented through your local church.
- Pray for people and places involved in conflict, war, experiencing disaster. Ask God to be the help they need. To

refocus their perspective towards peace.

Confession of Faith

the purposes of God for [country] WILL be established and the nation WILL be a blessing for many nations.

**USE THIS BLANK PAGE TO WRITE ANY NOTES, PROPHETIC WORDS,
PICTURES, and VERSES etc. THAT GOD SHOWS YOU THIS WEEK...**