



**MIDLANDS 2022**  
**PROGRAMME**

**9:30 // REFRESHMENTS**

**10:00 // SESSION 1**  
**INVESTING IN THE NEXT GENERATION**

**11:10 // BREAK**

**11:30 // SESSION 2**  
**HOW TO SUPPORT THOSE STRUGGLING WITH MENTAL HEALTH**

**12:30 // LUNCH**

**13:30 // SESSION 3**  
**HOW TO WORK WITH CHALLENGING BEHAVIOUR**

**14:45 // BREAK**

**15:00 // SESSION 4**  
**THE BEST THING YOU CAN GIVE YOUR MINISTRY**

**16:00 // END**

**THANKS SO MUCH FOR ATTENDING OXYGEN 2022, PLEASE JOIN US AGAIN NEXT YEAR ON  
SATURDAY 7TH OCTOBER 2023**

**IF YOU WANT TO CONNECT FURTHER OR KNOW MORE ABOUT LIMITLESS IN THE MIDLANDS PLEASE CONTACT:  
[MIDLANDS@LIMITLESSELIM.CO.UK](mailto:MIDLANDS@LIMITLESSELIM.CO.UK)**