

# PRAYER THEMES To be used any time during 2015

## LIFTUP!

The theme of LiftUp has been significant from the early days of Elim's history. George Jeffreys preached on lifting up your head for your redemption comes near (based on Psalm 24) and a desire to see the return of Christ

Hear this on [www.elim100.org](http://www.elim100.org)

In this sermon he shares of the outpouring of the Holy Spirit people were currently experiencing. Unknown to Elim's Prayer Network, they were inspired to call people to a year of prayer based on that

very theme, but taken from Psalm 121 – to LiftUp your heads and see where our help comes from, from the Maker of Heaven and earth. During 2014 a prophetic word came from one of our NLT members,

Simon Foster, with the challenge and encouragement to be a people of the 'lifted head'. Let's take this theme and continue to pray into it as we journey through this special Centenary year.

### Bible Verses

#### Psalm 24

The earth is the LORD's, and everything in it, the world, and all who live in it; for he founded it on the seas and established it on the waters.

Who may ascend the mountain of the LORD? Who may stand in his holy place? The one who has clean hands and a pure heart, who does not trust in an idol or swear by a false god.

They will receive blessing from the LORD and vindication from God their Saviour. Such is the generation of those who seek him, who seek your face, God of Jacob.

Lift up your heads, you gates; be lifted up, you ancient doors, that the King of glory may come in. Who is this King of glory? The LORD strong and mighty, the LORD mighty in battle.

Lift up your heads, you gates; lift them up, you ancient doors, that the King of glory may come in. Who is he, this King of glory? The LORD Almighty – he is the King of glory

#### Psalm 121:1-2

I lift up my eyes to the mountains – where does my help come from?

My help comes from the LORD, the Maker of heaven and earth

### Prayer Points

- Pray for a fresh revelation of the King of Glory that we serve and follow.
- Pray that people who feel 'downcast' would 'liftup' their heads and see that their help comes from God. Ask the Spirit to open hearts and lives to the grace and love of God.
- Pray that barriers to the Gospel would be broken and there would be a new season of increase of the Holy Spirit at work in communities.

### Creative Prayer Ideas

Listen to the sermon by George Jeffreys and pray into the themes he mentions.

Read through the two Psalms and use them as a framework for prayer. Why not divide the Psalms into sections and get different people to pray into each section?

LiftUp your prayers – literally! Get some balloons and some tags. Write your prayer of blessing for your community on the tag, attached it to the balloon and let it go (in a safe environment).