



LIMITLESS CREATIVITY

PRAY FAST FEAST

LIMITLESS: CREATIVE

1. LIMITLESS POTENTIAL:

Get pictures of your young people (Polaroid or instagram style) and create a collage of faces to pray for. On each picture write a positive word for the future.

2. LIMITLESS POWER TO SAVE:

Salvation – get a cross and write the names of friends and family you want to see saved.

3. HE IS LIMITLESS:

Divide a space into two halves – on the one side have a God is... section and get the young people to write down all the descriptions of who He is (you can use paper, chalkboards, whiteboards, Perspex etc.) On the other side write 'In God I am...' and get each young person to write a description of who they are in God.

He is Limitless and His power at work in us is Limitless!

4. **LIMITLESS: IT'S IN GOD'S HANDS!**

Draw or create (go on you want to try some paper mache!) two large hands. Use verses like "The Son is the image of the invisible God, the firstborn over all creation. 16 For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him. 17 He is before all things, and in him all things hold together. 18 And he is the head of the body, the church; he is the beginning and the firstborn from among the dead, so that in everything he might have the supremacy. 19 For God was pleased to have all his fullness dwell in him, 20 and through him to reconcile to himself all things, whether things

on earth or things in heaven, by making peace through his blood, shed on the cross."

Colossians 1:15-19

Print off some globe images and write your prayers for the world on the back of them. Put them in the hands as a sign of giving them to God's all powerful, limitless hands!

5. **CREATE A JOURNEY**

Create a plan of praying for 5 minutes at a time for a different thing. If they followed the plan, they could quite easily pray for 1 hour. An example of points on the prayer journey may be:

5 mins at "Prayer for Salvation"

5 mins at "Prayer for Healing"

5 mins at "Prayer for the Church"

6. OVERCOMING LIMITATIONS:

"No, despite all these things, overwhelming victory is ours through Christ, who loved us."

Romans 8:37

Help young people to think about the things that hold them back and invite God to help them overcome. Sometimes we can feel as if we are carrying around heavy burdens: these might be things that we have done wrong or perhaps people or situations about which we are concerned. It can be helpful to use a visual aid to remind us that we can give our troubles to Jesus and he will take care of us. Put a cross and a bucket of pebbles in the room. 'God I look to you' by Bethel would work great with this.

- Select a spebble from the pile.
- Take a moment to think about what burdens you might be carrying around inside yourself.
- As you take the stone, place it at the foot of the cross, that you are surrendering that worry or concern to Him.
- Read God's word: 'Come to me, all you who are weary and burdened, and I will give you rest'. Matthew 11:28 Cast all your anxiety on him because he cares for you. 1 Peter 5:6
- Be encouraged that Jesus is with you in that situation and He may even take the burden away completely.
- He will never leave you nor forsake you. He is your strength.
- As you walk away from the cross, leave your pebble and your burden with Christ!

7. LIMITLESS LOVE: MANY WAYS TO EXPLORE THE LOVE OF GOD.

- You could look at the love of Jesus in his teaching and through his death/resurrection (John 3:16)
- You could look at the love of Father God to adopt and welcome us as Sons and Daughters (1 John 3:1/Luke 15:11-32)
- You could look at the love of the Holy Spirit – the fruit He produces in our lives (Galatians 5:22)

What does love look like? Find some way to express 'Love' – art work, spoken word, images, Bible verses. Allow the young people to reflect on what 'Love is...' Use the love of Father, Son and Spirit to let them explore unconditional, everlasting, sacrificial love. Love from God which overflows in our lives as love to others.

Great song by United Pursuit: Since Your Love <https://www.youtube.com/watch?v=EWYO7IbKOL8>

8. LIMITLESS FORGIVENESS:

Why not share communion with your young people? Talk about the meaning of the bread and wine (1 Corinthians 11); use it as an opportunity for them to confess to God and receive fresh forgiveness. Let it be a fresh start to adventure again with God, not being held back by past mistakes or mess ups!

WorshipMob do a great mix of Oceans/Nothing but the blood: <https://www.youtube.com/watch?v=PpUj7Z5zEzI>

9. LIMITLESS FUTURE:

Take a large canvas and paint it black. Get some neon paints and get each young person to add their hand/fingerprints to create a piece of art. As each person adds their mark to the canvas – pray that each life would make their mark for God in this world, being light in the darkness, bringing their unique character, personality, gifts to use for God's Kingdom purpose.

10. LIMITLESS MISSION:

Go! Get some images or create a traffic light. Maybe you could use different colour lights for the red, amber and green. Display God's great Commission:

Matthew 28:18-20 Then Jesus came to them and said, 'All authority in heaven and on earth has been given to me. 19 Therefore go and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.'

Reflect on the command and the promise of Jesus to be with us as we go.

- Using the Red light – what are the things that stop you talking to your friends and family about Jesus? Is it stuff in your own life that means you're not living what you believe? Is it fear or worry about what others might say? Is it because you're not sure how to explain it? Pray about these things and talk to someone about it so they can help you.
- Using the Amber light – pray for the opportunities you have coming up to connect with people who don't know Jesus yet. Ask God for the boldness to speak out.
- Using the Green light – commit to 'going' and taking the good news of Jesus' love to those you know and commit to praying for 3 friends/family every week – looking to make the most of opportunities to share Jesus.